

<b>APPETIZERS</b>	<b>Portabella strips</b>		<b>\$7.99</b>
	Breaded, served w/ asiago Alfredo and spicy marinara		
	<b>Tally chips</b>		<b>\$5.99</b>
	Made to order ripple chips, seasoned with kosher salt and black pepper		
	<b>Onion rings</b>		<b>\$5.99</b>
Served with spicy chipotle ketchup			
	<b>Vegetable tray</b>		<b>\$5.99</b>
Fresh, seasonal vegetables served with ranch & roasted garlic-Parmesan dressing			
	<b>Chicken Tenderloins</b>		<b>\$5.99</b>
Made to order chicken tenderloins with our unique breading			

<b>SOUPS</b>	<b>Cognac lobster bisque</b>	<b>\$4.99</b>	<b>\$6.99</b>
	Our house soup made with real lobster meat		
	<b>Spiced prosciutto melon</b>	<b>\$4.99</b>	<b>\$6.99</b>
	A great summer soup made with roasted chicken stock		
	<b>Soup of the day</b>	<b>\$3.99</b>	<b>\$4.99</b>
	<b>Soup and salad combo</b>		<b>\$7.99</b>
A cup of soup paired with any small salad			

<b>SALADS</b>	<b>House salad</b>		<b>\$5.99</b>
	Romaine & iceberg tossed with julienne vegetables and roasted garlic-Parmesan (or choice) dressing		
	<b>Caesar salad</b>		<b>\$5.99</b>
	Cut to order romaine hearts tossed in classic Caesar dressing, Parmesan, and house made croutons served in an edible Parmesan bowl. Anchovy upon request		
	<b>Spinach salad</b>		<b>\$5.99</b>
	Baby spinach tossed with bacon, croutons, and peppercorn vinaigrette topped with a fried egg		
	<b>Roasted almond salad</b>		<b>\$5.99</b>
Romaine and iceberg lettuce with bleu cheese, seasonal apples, roasted almonds, red onion, and balsamic vinaigrette			
	<b>Top entrée salads w/ grilled chicken, chicken tenders, or grilled portabella</b>		<b>\$3.99</b>
	<b>Grilled never-frozen salmon*, sea scallops*, sirloin steak*, or yellowfin tuna*</b>		<b>\$4.99</b>

<b>SANDWICHES</b>	Choice of side: French fries, Tally chips, onion rings, fresh fruit, cottage cheese or seasonal vegetables & dip			
	Add cheese, mushrooms, grilled onions, bacon or a fried egg for \$.99 each			
	Served on toasted white or wheat bun unless otherwise specified			
		<b>½ pound burger*</b>		<b>\$7.99</b>
	Half pound choice grade burger ground in-house and cooked to order			
		<b>BLT</b>		<b>\$7.99</b>
	Double smoked Iowa cider bacon, lettuce and tomato on grilled ciabatta. Mayo too			
		<b>½ pound pork tenderloin</b>		<b>\$7.99</b>
	Iowa style! Breaded, blackened or grilled			
		<b>Chicken sandwich</b>		<b>\$7.99</b>
	Breaded, blackened or grilled			
	<b>Grinder</b>		<b>\$7.99</b>	
Chef Valentino's sausage, mozzarella, roasted peppers, and our spicy marinara on grilled ciabatta				
	<b>Portabella sandwich</b>		<b>\$8.99</b>	
Breaded or grilled with caramelized shallots, grilled tomatoes, spinach, bleu cheese and balsamic reduction on ciabatta				
	<b>Vegetarian burger</b>		<b>\$7.99</b>	

<b>SPECIALTIES</b>	<b>Fish tacos</b>	<b>Tilapia - \$5.99 Salmon - \$6.99 One of Each - \$11.99</b>
	Salmon or tilapia flash fried and wrapped in a soft flour tortilla with slaw and our fish taco sauce choice of side	
	<b>Steak sandwich</b>	<b>\$9.99</b>
	6oz dry-aged sirloin grilled and topped with sautéed onions and Swiss cheese on grilled ciabatta choice of side	
	<b>Bologna sandwich</b>	<b>\$7.99</b>
	THICK sliced spiced bologna, char-grilled and topped with stone-ground mustard on grilled ciabatta choice of side	
	<b>Smoked chicken cannelloni</b>	<b>\$7.99</b>
A smaller portion of our house specialty.		
	<b>Pesto pasta</b>	<b>\$7.99</b>
basil pesto, white wine, cherry tomatoes, and fresh mozzarella tossed with penne pasta, served cold		
	<b>Top w/ grilled chicken, chicken tenders, or grilled portabella</b>	<b>\$3.99</b>
	<b>Grilled never-frozen salmon*, sea scallops*, sirloin steak*, or yellowfin tuna*</b>	<b>\$4.99</b>

\*Consumer advisory: thoroughly cooking foods of animal origin such as beef, fish, eggs, lamb, poultry, or shellfish, reduces the risk of food borne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked. Consult your physician or public health official for further information.